
A photograph of a woman with dark curly hair, seen in profile, smiling warmly at a young child. The child has curly hair and is wearing a bright red turtleneck sweater with grey suspenders. They are indoors, with a window and light-colored curtains in the background. The scene is brightly lit, creating a warm and affectionate atmosphere.

**We are making sure the  
heating can be turned on.  
You take care of  
a warm winter.**

[www.helmond.nl/hulpbijrondkomen](http://www.helmond.nl/hulpbijrondkomen)

# Do you have a (joint) net income of up to about 2360 euros per month? Then you might get a one-off energy allowance.




Gas, groceries: everything is more expensive. Are you worried that you can no longer pay the energy bill? You are not the only one. Helmond municipality has therefore decided to help even more residents this year. The energy allowance is an amount between €700 and €1300. This depends on your income. By income, we mean – for example – salary, AOW, pension or benefits.

## Want to know if you can get the one-off allowance?

### I want to speak to someone

There are consultation hours all over Helmond. The people there know exactly whether you can get an energy allowance. They can immediately complete the application properly together with you. This is the quickest way to get the money into your account. So, take your details with you.

### You will need:

- proof of your (+ your partners) income
  - statement of your bank account (1 month)
  - if you have a higher income: proof that you had a variable-rate contract in 2022
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### • I want to take a look online

You can do so at [www.helmond.nl/hulpbijrondkomen](http://www.helmond.nl/hulpbijrondkomen). There you will find the conditions and with what income you qualify. You can also apply digitally here.

**Important:** You never have to pay this amount back and it does not affect your benefits or other allowances. It is an allowance to make sure you have a warm winter. Submit your application before 15 January 2023 .



**You may be able to get an allowance if your net monthly income (excluding holiday pay) does not exceed:**

<b>Family composition</b>	<b>21 years to state pension age</b>	<b>From state pension age</b>
Single	€1,570.10	€1,746.59
Single parent	€2,018.70	€2,129.41
Living together/married	€2,243.00	€2,366.01

**Do you have any questions or want help applying?**

Please come to the consultation hours.

Look up when and where these are on the website [www.helmond.nl/hulpbijrondkomen](http://www.helmond.nl/hulpbijrondkomen) or by scanning the QR code. The website is in Dutch. Of course, you can also call 14-0492, option 2.



**This is how we move forward together.**

**This is Helmond.**

**Gemeente Helmond**

