

## *Questions about raising children*

## *Just Ask*

### Parenting advise in Amstelveen and Aalsmeer

- Free of charge
- Just ask
- All parents are welcome

Letting children grow up to become independent adults – that’s every parents’ role. Most of the time this goes well, but sometimes parents have questions or are worried about a child or their family situation.

In Amstelveen and Aalsmeer, we offer the opportunity to raise your questions and worries about parenting and the growing up of children from 0-18 years. In one or more sessions, the parent advisor explorers with you your questions and the possibilities for change in your family.

The parent advisors are employed by SEZO (in partnership with the GGD) and commissioned by the local government of Amstelveen and Aalsmeer.

**To make an appointment you can call:**

**020-5555964 or send an email:**

**[opvoedadvies@sezo.nl](mailto:opvoedadvies@sezo.nl)**