

Safe use of the internet

Children around the age of six can already do things on the computer themselves. For example, your child might be able to play a computer game and send an email. But for finding websites on the internet, they usually need help from you or an older sibling.

Alone or together

You are the best judge of whether your child can sit alone at the computer or whether you have to sit next to it yourself. Leaving your child alone at the computer also means that they may end up on websites that are not appropriate.

Would you like to keep an eye on it? Then place the computer in a room where you are often yourself, for example the living room.

Tips for using the internet safely

Teach your child the following rules about using the Internet.

Never give out personal information while chatting.

Ask your parents for permission before you fill in and send a form with data.

Never give family details (name, address, telephone number).

Don't make arrangements to meet someone you only know online.

Don't just send a picture of yourself. Ask first if that is allowed.

Don't send nude photos or images of violence or accidents featuring others, even if you don't know those people. Never reply to mean or weird messages.

Do you want to download something? Then ask first.

Do you want to buy something? So ask that first.

What else can you do?

Let your child sit near you with a computer, tablet or laptop as much as possible. So you can easily see or ask what your child is doing.

Talk to your child about what they do on the internet. Ask which sites your child likes to watch and what they like about them. Do not you understand that? Then your child can explain it to you. Make sure you know enough about the online world yourself to understand what your child is doing. Stay informed about the most important opportunities and dangers.

Put filters on the computer or laptop so that sites with, for example, violence cannot be opened. For more information, visit Veiliginterneten.nl and VPNGids.nl.

You can see what your child has been up to when you view the 'history' of visited sites.

Source: NYI

Pedagogical support for children aged 0 to 13 is free for parents.

So, can you use some tips and advice to support your child's development or do you have everyday questions about your child? Then feel free to contact me and together we will look for what you need.

Tot ziens,

Mia van der Heijden

06- 06 51058857

m.vd.heijden@lumenswerkt.nl



Source: Parenting Information Netherlands