

SUMMER SCHEDULE

The 20th of July until the 1st of September 2019



From the 20th of July until the 1st of September 2019 we have other opening hours during the Summer Holiday.

On the back of this flyer you will find the schedule.

On the 2th of september 2019 you can visit us according to our normal schedule

Children without their swimming diploma or under 12 years are obligated to visit our pool with an adult with the age of 18 years or older.

The following schedule is from the 20th of July until the 1st of September



Monday

07.00 - 08.30	Lane swimming
09.30 - 12.00	Private swimming lessons
12.00 - 13.00	Lane swimming
12.45 - 13.30	Mermaid swimming lesson
13.30 - 15.30	Recreational swimming (all ages)
16.00 - 18.00	Lane swimming
19.00 - 19.45	Bootcamp / Aquajogging
20.00 - 21.00	Lane swimming

Tuesday

07.00 - 08.30	Lane swimming
09.00 - 12.00	Private swimming lessons
12.00 - 13.00	Lane swimming
13.30 - 15.30	Recreational swimming (all ages)
16.00 - 18.00	Lane swimming
19.00 - 19.45	Aquaslim / Condition workout
20.00 - 21.00	Lane swimming

Wednesday

07.00 - 08.30	Lane swimming
09.00 - 12.00	Private swimming lessons
12.00 - 13.00	Lane swimming
13.30 - 15.30	Recreational swimming (all ages)
16.00 - 18.00	Lane swimming
19.00 - 19.45	Aquaslim / Technic workout
20.00 - 21.00	Lane swimming

Thursday

CLOSED

Friday

08.00 - 09.00	Lane swimming
09.00 - 12.00	Private swimming lessons
12.00 - 13.00	Lane swimming
13.00 - 13.45	Swimming for pregnant women / swimming for babies and toddlers
14.00 - 15.15	Swimming for seniors / lane swimming for seniors

Saturday and Sunday

CLOSED

ATTENTION! We're closed on friday the 30th of August.

Oostelijk Zwembad - Gerdesiaweg 480 - 3061 RA - Rotterdam - (010) 4136444 - oostelijkzwembad.nl 